Electroacupuncture for Hypertension

The Samueli Center is Recruiting Patients

Dr. Longhurst and Dr. Li in the Department of Medicine at UC Irvine have been studying the mechanisms and actions of electroacupuncture (EA) in cardiovascular disease and hypertension for several decades. Preliminary data show that EA at select acupoints for 30 min once weekly for eight weeks decreases blood pressure in many patients. They are recruiting more patients to determine if acupuncture is a good long-term therapy.

If you have high blood pressure in the range of 140-170/90-110 mmHg, you may be eligible* to participate in this study. Participants must stop all antihypertensive medication before entering the study. They will receive a total of eight therapy sessions with EA, once weekly, and may be eligible for more extended treatment, depending on the initial response. EA has few side effects and will be provided at no cost. Treatment will be performed by experienced licensed acupuncturists at the Institute for Clinical and Transitional Science of UCI on the campus or at the Medical Center in Orange.

Researchers
Dr. John Longhurst
Dr. Peng Li
Dr. Jeanette Painovich
Dr. Mei Liu

Contact Information
Tel: (949) 824-6123
Email: pengli@uci.edu
Front Office: (949) 824-5602

*Your eligibility will be determined by the investigators based on the study criteria before treatments.